JEET KUNE DO FOR DISCIPLINE, MENTAL, PHYSICAL & INTELLECTUAL DEVELOPMENT

Jeet Kune Do Martial Art Training Institute

Govt.Regd.No :- S/2L/26006

AFFILIATED TO :- INTERNATIONAL MARTIAL ARTS COUNCIL (IMAC)

Jeet Kune Do Game Recognized By :- School Games Federation Of India (SGFI) Head Office : 3H Mominpur Road, Kolkata – 700023, West Bengal

Branch Office :- Student's life Tutorial, Baragarh, Paschim Medinipur, Pin-721124, West Bengal

Contact :- 9800110759 / 9064552714 E-Mail :- ikcinstitute@ymail.com website :- jkdindia.blogspot.com

Ref. no	O AMERICA AND A	Date

Course structure

- > Free hand Exercise and warming up
- ➤ Yoga (10 basic Yasanas)
- > Pranayam
- > Self Defence (Jeet Kune Matial Arts-Judo)
- Basic foot work
- ➤ Some techniques of Martial Arts

Course fees per student Rs. 360/-

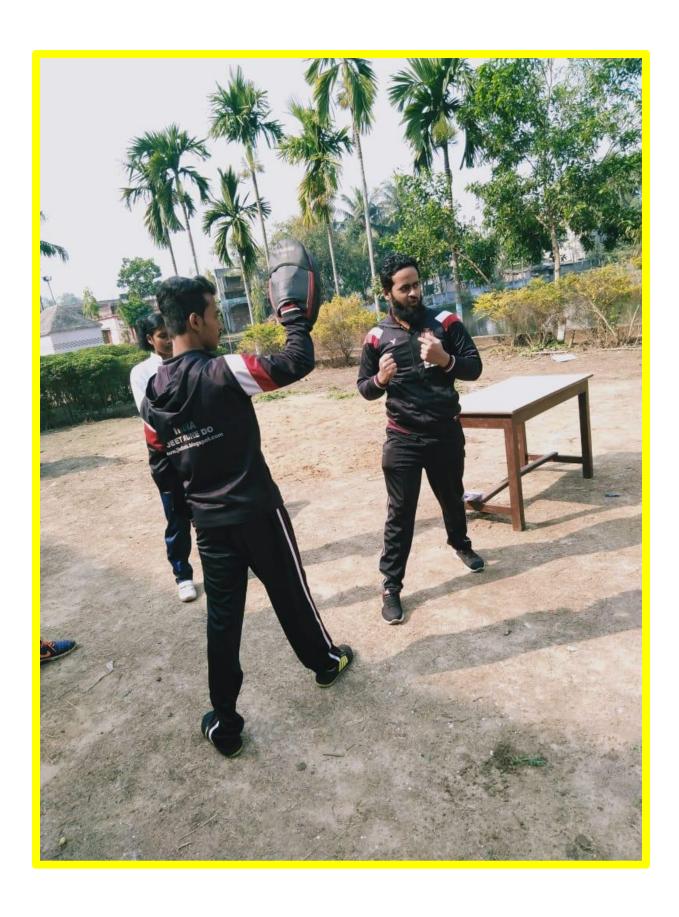
Some photographs of the course











Sample Certificate



