

Annual Report



of



NSS Activities

Session: 2022-23

NSS Units – I, II, III

of

Debra Thana Sahid Kshudiram
Smriti Mahavidyalaya

1. Name of the Programme: Celebration of Vanamahotsav Week

Date of the Programme: 14.07.2022 – 20.07.2022

No. of Participants: 57

Dignitaries present: Dr. Rupa Dasgupta, Principal of the College

Description of the Programme: Weeklong environmental awareness campaign in adopted villages and sapling planting programme

No. of Saplings planted: 100



Action Photos

2. Name of the Programme: Celebration of Independence Day

Date of the Programme: 15.08.2022

No. of Participants: 482 NSS Volunteers: 208

Dignitaries present:

A) Dr. Humayun Kabir, President of the Governing Body, Debra Thana S.K.S. Mahavidyalaya, MLA, Debra Assembly Constituency, West Bengal

B) Dr. Rupa Dasgupta, Principal, Debra Thana S.K.S. Mahavidyalaya

Description of the Programme: Speeches on the contribution of revolutionary nationalists like Kshudiram Bose to the Freedom Movement of our beloved country are delivered. A cultural program is organized to celebrate the spirit of independence.

Outcome:

- a. Students become aware of the sacrifices by the freedom fighters.**
- b. They are enthused with patriotism.**
- c. They can appreciate the pluralistic culture of our country.**



Action Photos

4. Name of the Programme: Observance of NSS Day

Date of the Programme: 24.09.2022

No. of Participants: 36

Description of the Programme: A seminar is organized to enlighten our NSS Volunteers on the importance of social service and the significance of the NSS Day.

Outcome:

- a. Volunteers are inspired by the motto of the NSS 'Not me but you'.
- b. They pledge to follow the path of 'nishkam dharma'.



Action Photos

5. Name of the Programme: Celebration of Nutrition Month

Date of the Programme: 27.09.2022

Beneficiary: 38

No. of Volunteers participated: 36

Collaboration: Nurture Academy Welfare Trust, Ramnagar, East Medinipur and the Department of Nutrition, Debra Thana S. K.S. Mahavidyalaya

Description of the Programme: Distribution of Nutritious Food among the new mothers in Debra Superspeciality Hospital.



Action Photos

6. Name of the Programme: Distribution of food packets in Debra Juvenile Home

Date of the Programme: 01.11.2022

Beneficiary: 50

No. of Volunteers participated: 12



Action Photos

7. Name of the Programme: Distribution of Winter Clothes among street children

Date of the Programme: 17.11.2022

Collaboration: PRAYAS, an organization of the Alumni Association of Debra Thana S.K.S. Mahavidyalaya

No. of Participants: 94

Description of the Programme: Winter clothes like shawl, stole etc. are distributed among the needy of the adjacent villages.

Beneficiary: 50



Action Photos

8. Name of the Programme: Sports for the students of a local primary school

Date of the Programme: 24.11.2022

Collaboration: PRAYAS, An organization of the Alumni Association of Debra Thana Sahid Kshudiram Smriti Mahavidyalaya and

Unnat Bharat Abhiyan, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya

Description of the Programme: Organization of sporting competition for the students of Madhabpur Primary School. Events like Math races, and lozenge races, etc. are held and prizes are distributed.

Outcome:

1. 52 primary school students have participated in the sporting competition.
2. Sporting activity has generated enthusiasm and a positive mindset and is a delightful aberration from their daily routine. Events like this help curb dropping out of students at the early stage of education.
3. The college has positively impacted their minds and may have inspired them to continue their education so they can one day enroll in the college.



Action Photos

9. Name of the Programme: Self-Defence Training

Date of the Programme: 21.11.2022 – 30.11.2022

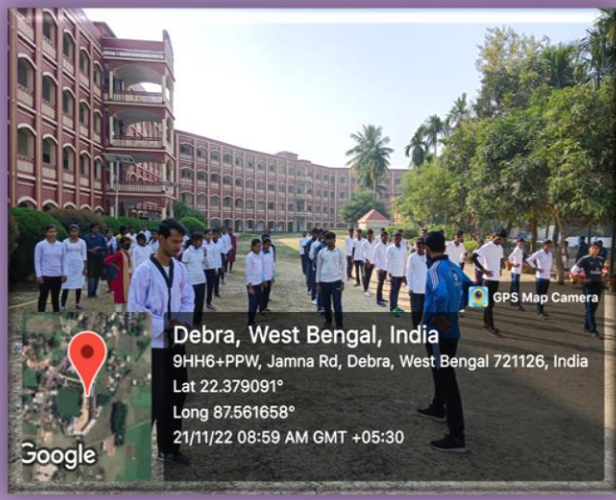
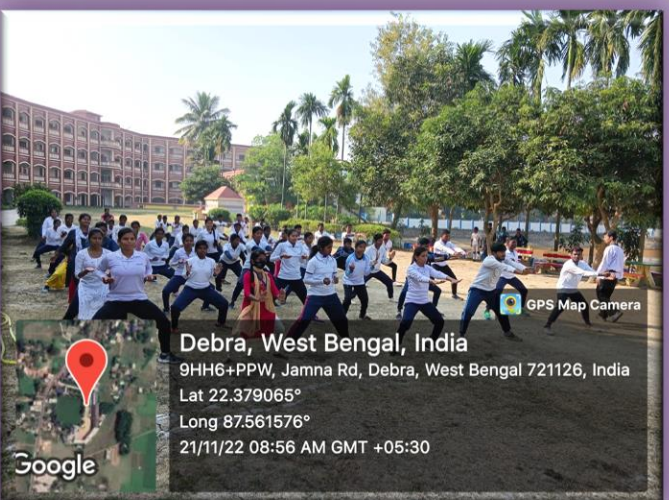
Collaboration: Jeet Kune Do Martial Art Training Centre, Debra and the Department of Physical Education, Debra Thana Sahid Kshudram Smriti Mahavidyalaya

No. of Participants: 100

Description of the Programme: One week of training in martial arts excluding holidays for girl students as well as boy students.

Outcome:

- a. 100 students undergo rigorous training and learn techniques of self-defense.**
- b. It enhances their confidence level and also helps them to practice self-control.**



Action Photos

10. Name of the Programme: Electoral literacy

Collaboration: Electoral literacy Club, Debra Thana SKS Mahavidyalaya and Debra Block Development office.

Date of the Programme: 25.11.2022

No. of Participants: 68

Dignitary present: Jt. BDO, Debra Block.

Description of Program: Seminar on Electoral Literacy.

Outcome: The New voters get acquainted with electoral process. They learn to value democracy and democratic rights of every citizen.



Action Photos

11. Name of the Programme: World AIDS Day Awareness Rally:

Date of the Program: 01.12.2022

Collaboration: Red Ribbon Club

No. of Participants: 248

Description of the Programme: An awareness rally is organized. The rally follows the Balichak Jamna Road which runs along the border of two of the adopted villages Gangaramchak and Paschim Beguni. The other adopted village – Chandia – is also visited by the rally. The participants use posters and banners to disseminate knowledge of AIDS and its ways of proliferation.

Dignitary present: Dr. Rupa Dasgupta, Principal, Debra Thana Sahid Kshudiram Smriti Mahavidyalaya.

Outcome:

- The campaigners interact with the villagers regarding the prevention of AIDS.
- The preventive measures are discussed with them.
- It is emphasised in the campaign that the people afflicted with AIDS should be treated sympathetically and not to be boycotted socially.



Action Photos

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Outcome:

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- c. It is emphasised in the campaign that the people afflicted with AIDS should be treated sympathetically and not to be boycotted socially.



Action Photos

12. Name of the Programme: Cyber Crime Awareness

Date of the Programme: 02.12.2022

Collaboration: Debra Police Station

No. of Participants: 256

Dignitaries present: 1. Gobindo Sikdar, SDPO, Debra Police District

1. Dr. Rupa Dasgupta, Principal, Debra Thana S. K. S. Mahavidyalaya

Description of the Programme: A seminar is organized on cybercrime and how to combat it.

Outcome:

- a. Participants become acquainted with various laws regarding cybercrime.
- b. Different types of cybercrime such as bank related frauds, spreading fake news, assault on one's personal honour using pictures, smses from whatsapp, facebook etc. are discussed.
- c. The participants learn how to report such crimes to police.
- d. They are advised that the best way to avoid falling victims to cybercrime is to practise caution and self-control over cyber-activity.



Action Photos

13. Name of the Programme: Observance of National Youth Day
Date of the Programme: 12.01.2023



Action Photos

14. Name of the Programme: Weeklong Programme on Road Safety

Date of the Programme: 11.01.2023 - 17.01.2023

Collaboration: Debra Tol Plaza

Description of the Programme: Campaign for Road Safety in the Balichak Jamna Road and organization of a Seminar on Road Safety.

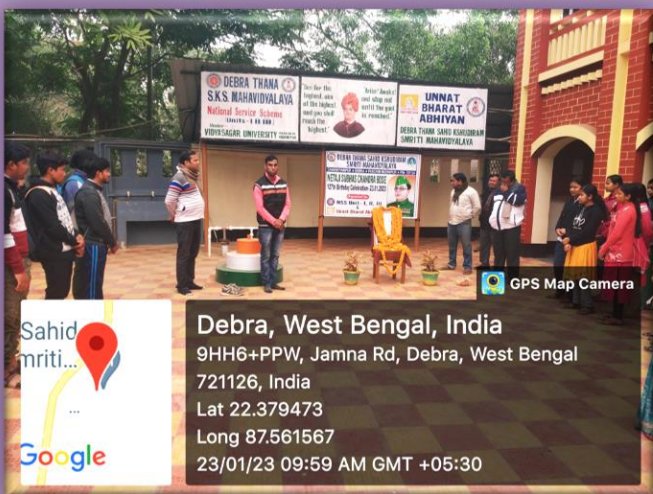
Outcome: 122 people are reached. 187 participants have attended the seminar on Road Safety.



Action Photos

15. Name of the Programme: Observance of the Birth Day of Netaji Subhash Chandra Bose

Date of the Programme: 23.01.2023



Action Photos

16. Name of the Programme: Observance of the 74th Republic Day
Date of the Programme: 26.01.2023



Action Photos

17. Name of the Programme: Winter Special Camp

Date of the Programme: 25.02.2023 – 03.04.2023

Description of the Programme: Organization of Weeklong camp on Public Health and Hygiene. The following programmes are organized:

- A Diet Survey in collaboration with Nurture Academy Welfare Trust, Ramnagar, East Medinipur and the Department of Nutrition of Debra Thana S. K. S. Mahavidyalaya
- Health Check-up Camp in collaboration with Nurture Academy Welfare Trust, Ramnagar, East Medinipur, the Department of BMLT and the Department of Nutrition, Debra Thana S. K. S. Mahavidyalaya
- A motivational camp on Blood Donation in collaboration with Jiban Sathi Blood Donors Association, Balichak. Paschim Medinipur
- Seminars on Public Health and Hygiene and Public Nutrition where BMOH of Debra Block, Heads of the Departments of BMLT and Nutrition, Debra Thana S. K. S. Mahavidyalaya deliver lecture

Outcome:

- A Diet Survey of the Village Paschim Beguni and Chakkumar is conducted.
- 57 villagers have benefitted from the Health Check-up Camp.
- 50 participants have attended the Motivational Camps on Blood Donation.
- 56 participants have attended the seminars on Public Health, Hygiene and Nutrition, where BMOH of Debra Block, Heads of the Departments of BMLT and Nutrition, Debra Thana S. K. S. Mahavidyalaya have delivered lectures.



Action Photos

18. Name of the Programme: Camp on HIV

Date of the Programme: 04.03.2023

Collaboration: Lions Club International

Description of the Programme: Seminar on HIV and AIDS

No. of Participants: 56

Outcome:

The participants learn about HIV and AIDS. They become aware about the importance and the ways of preventing AIDS.



Action Photos

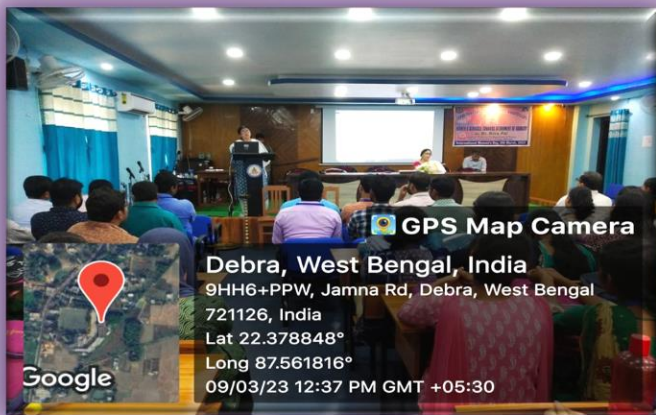
19. Name of the Programme: Seminar on Women's Rights

Date of the Programme: 09.03.2023

Description of the Programme: Seminar on Human Rights is organized. Dr. Rina Pal, Associate Professor in History at Raja N. L. Khan Women's College delivers a lecture.

No. of Participants: 156

Outcome: Participants become aware of various rights of women in India. They also learn about the glorious struggle of women in western countries as well as in India for securing rights. They learn to follow gender neutral behaviour and speeches.



Action Photos

20. Name of the Programme: Blood Donation Camp

Date of the Programme: 14.03.2023

Collaboration: Blood Bank, Debra Superspeciality Hospital

No. of Units Donated: 70

No. of NSS Volunteers participated: 106

Dignitaries present: 1. Dr. Rupa Dasgupta, Principal, Debra Thana S. K. S. Mahavidyalaya. 2. Dr. Swarup Patra, BMOH, Debra Superspeciality Hospital

Action Photo:



Action Photos

21. Name of the Programme: Blood Donation Camp

Date: 30.05.2023

Collaboration: Blood Bank, Debra Superspeciality Hospital

No. of Units donated: 55

No. of NSS Volunteers participated: 102



Action Photos

22. Name of the Programme: World Environment Day – 2023

Date of the program: 05/06/2023

Description of the work :

1. Seminar on "keep clean, keep green".
2. Poster making competition on soil pollution/soil Conservation & Cultural Performance on importance of World Environment Day.

Collaboration: Alumni Association, Debra Thana SKS Mahavidyalaya

Number of Participants: 43

Action Photos:



Action Photos

23. Name of the Programme: Celebration of International Yoga Day-2023

Date of the program: -21/06/2023

Description of the program: Yoga demonstration among students & Cultural Performance on importance of yoga day

No. of NSS Volunteers participated: 100

Outcome:

- a. The students learn various kinds of yoga,
- b. They learn to appreciate the value of physical fitness.
- c. They become inspired by the philosophy of ‘Vasudhaiva Kutumbakam’



Action Photos

24. Name of the Programme: World Olympic Day- 2023

Date of the program: - 23/06/2023

Description of the program: A College level seminar on World Olympic Day & NSS volunteers participated in various sports.

No. of NSS Volunteers participated: 76

Outcome: The students learned to appreciate the important of sports in fostering friendship and amity among different nations.



Action Photos

25. Name of the Programme: International Day Against Drug Abuse and Illicit Trafficking

Date of the program: 26/06/2023

Collaboration: Alumni Association, Debra Thana SKS Mahavidyalaya

No. of NSS Volunteers participated: 42



Action Photos

Durable assets created/repaired

1. Fencing of college pond with cement pillar and metal net.



Action Photos

2. Creation of road of about 300 mtrs on the back side of the college.



Action Photos

3. Maintenance of the College Garden.



Action Photos



THANK
YOU